Bere Alston Trekkers Running Club



BATs 5K Time Trial 26th July 2017

	<u>Name</u>	<u>Time</u>	Age Grading			
Peter	Kenvin	00:24:17	66%			
Marcia	Macey	00:28:55	57%			
Derek	Hicks	00:24:50	57%			
Colin	Putt	00:27:07	53%			
Karin	Kattenhorn	00:31:14	52%			
Natasha	Ayres	00:31:14	52%			
Louise	Helcoop	00:32:47	48%			

Bere Alston Trekkers Running Club



BATs 5K Time Trial 30th August 2017

	<u>Name</u>	<u>Time</u>	Age Grading				
Derek	Hicks	00:23:00	72%				
Julie	Page	00:24:06	67%				
Andy	Cowden	00:23:07	67%				
Murray	Turner	00:22:23	65%				
Hilary	Head	00:29:50	60%				
Sarah	Bartlett	00:31:40	54%				
Kate	Glanville	00:32:53	54%				
Su	Williams	00:28:49	53%				
Ali	Greaves	00:28:52	53%				
Natasha	Ayres	00:30:54	51%				
Debbie	Ashton	00:31:21	51%				
Fiona	Maddock	00:32:42	50%				
Sam	Harte-Latremouille	00:31:38	49%				
Sarah	Cohen	00:31:03	49%				



BATs 5K Time Trial @ 30th August 2017

Dave Pam	<u>Name</u> Adams Adams	30/08/2017	26/07/2017	28/06/2017	31/05/2017	26/04/2017	29/03/2017	22/02/2017	25/01/2017	30/11/2016	26/10/2016	28/09/2016	31/08/2016	27/07/2016 00:23:37 00:27:47	29/06/2016 00:24:13 00:28:16	25/05/2016 00:23:34 00:29:06
Debbie Natasha Cally	Ashton Ayres Barnes	00:31:21 00:30:54	00:31:14		00:29:32	00:29:59 00:31:15	00:29:27 00:31:38			00:30:10 00:31:31	00:30:11	00:29:36	00:29:38	00:30:40 00:29:46		00:31:21
Sarah Hazel Lisa	Bartlett Bickley Birch	00:31:40				00:28:28	00:29:19			00:29:00					00:29:51	
Jo Andrew	Bourton Bowden										00:38:41		00:39:24			
Jason	Burns				00:23:36											00:22:38
Sarah Andy	Cohen Cowden	00:31:03 00:23:07			00:28:51				00:31:15		00:32:26 00:23:41	00:34:07	00:39:24			
Dave Emma	Dencer Dooney									00:22:37		00:22:20 00:23:12	00:22:59	00:23:04		00:24:54
Sally Ralph	Dunn Elmes					00:27:58 00:30:02	00:28:40				00:29:17	00:26:00		00:29:10		
Heather Kate Paul	French Glanville Glanville	00:32:53				00:30:02			00:32:24			00:31:20	00:25:10	00:29:57 00:25:01		00:30:14
Ali Mel	Greaves Greaves	00:28:52		00:27:38	00:28:08 00:26:21	00:33:12	00:26:43 00:26:34	00:33:07	00:31:15	00:26:22 00:27:43	00:27:44 00:27:45	00:26:56 00:27:35	00:27:50 00:27:50	00:27:21 00:27:10	00:27:30	00:26:32
Sarah Sam	Harding Harte-Latremouill	00:31:38		00:28:03	00:27:14	00:27:54	00:28:36 00:30:13	00:29:25 00:32:14								
Hilary Martin	Head Head	00:29:50		00:33:45	00:29:45	00:31:21	00:34:59	00.32.11	00:34:45		00:32:51 00:25:20					00:32:04
Derek	Hicks Hill	00:23:00	00:24:50		00:23:19		00:25:27	00:24:59	00:25:39	00:24:44			00:24:57	00:25:10		00:27:17
Steve Karin Peter	Kattenhorn Kenvin		00:31:14 00:24:17	00:24:47	00:23:19 00:30:38 00:25:04	00:31:01 00:26:23	00:25:27	00:32:55	00:25:39					00:32:08	00:33:58	
Lorna	Lapthorn		00:24:17	00.24.47	00.23.04	00.20.23	00:25:46									
Marcia Fiona Jon	Macey Maddock McGurk	00:32:42	00:28:55	00:33:38	00:32:25		00:33:53 00:33:53		00:34:55	00:30:11	00:32:02		00:31:27	00:27:49	00:30:07	
Kate Mairi Frances	Medhurst Milne Morgan				00:28:02	00:28:44	00:29:31 00:31:45								00:27:55	
Nicola Julie Colin	Munday Page Putt	00:24:06	00:27:07		00:26:21	00:30:02 00:23:36	00:24:22	00:31:47 00:31:51			00:23:41		00:27:15	00:24:01		
Nikki Laurence	Putt Sargeant		00.27.07			00:29:37		00:32:49								
Julian Jennie Murray	Setterington Smith Turner	00:22:23			00:21:44		00:22:54	00:23:57	00:23:05	00:24:06		00:23:07	00:39:24 00:28:56	00:28:41	00:26:02 00:24:04	00:27:28
Jo	Vella								00.23.03	00.24.00	00:32:37	00.23.07		00:32:33	00.24.04	
Su Rachel	Williams Wood	00:28:49			00:29:41		00:29:15	00:31:47			00:38:41					



BATs 5K Time Trial @ 30th August 2017

Dave Pam	Name Adams Adams	30/08/2017	26/07/2017	28/06/2017	31/05/2017	26/04/2017	29/03/2017	22/02/2017	25/01/2017	30/11/2016	26/10/2016	28/09/2016	31/08/2016	27/07/2016 64.0% 61.8%	29/06/2016 62.4% 60.8%	25/05/2016 64.1% 58.3%
Debbie	Ashton	51.1%														
Natasha	Ayres	51.4%	51.9%		53.8%	53.0%	53.4%			52.2%	52.1%	53.2%	53.1%	51.3%		
Sarah	Bartlett	54.3%														
Cally	Barnes					53.0%	52.4%			52.6%				55.0%	F2 20/	52.2%
Hazel Lisa	Bickley Birch					55.3%	53.3%			53.9%					52.3%	
Jo	Bourton										42.8%		42.0%			
Andrew	Bowden										42.870		42.070			
Jason	Burns				60.5%											62.7%
Sarah	Cohen	49.0%			52.7%				48.6%		46.9%	44.6%	38.4%			
Andy	Cowden	67.1%									64.9%					
Dave	Dencer									57.7%		58.4%	56.8%	56.6%		
Emma	Dooney											65.2%				60.4%
Sally	Dunn											60.5%				
Ralph	Elmes					63.1%	61.5%				59.5%			59.8%		
Heather	French					53.4%										
Kate	Glanville	53.6%				54.3%			53.8%			55.6%		58.2%		57.6%
Paul	Glanville												63.2%	63.6%		
Ali	Greaves	52.7%		55.0%	54.0%		56.9%		48.4%	57.4%	54.6%	56.2%	54.4%	55.3%	55.0%	57.0%
Mel	Greaves				60.3%	47.8%	59.8%	48.0%		56.8%	56.7%	57.0%	56.5%	57.9%		
Sarah	Harding						52.3%	50.7%								
Sam	Harte-Latremouill	49.0%		E2 00/	56.9%	55.6%	51.3%	48.1%	= 0 = 0 /		=0 =0/					= 4.00/
Hilary	Head	59.9%		52.9%	59.3%	56.2%	50.4%		50.7%		53.7%					54.3%
Martin	Head	72 20/	F7 10/					66.5%		67.2%	57.3%		66.0%	CF 40/		60.4%
Derek Steve	Hicks Hill	72.2%	57.1%		55.8%		51.1%	00.5%	50.7%	67.2%			00.0%	65.4%		60.4%
Karin	Kattenhorn		52.4%		52.3%	51.7%	31.1/0	48.3%	30.7%					49.4%	46.8%	
Peter	Kenvin		66.0%	64.7%	64.0%	60.8%		48.370			61.2%			43.470	40.870	
Lorna	Lapthorn		00.070	04.770	04.070	00.070	60.2%				01.270					
Marcia	Macey		57.3%				00.270									
Fiona	Maddock	49.5%		48.2%	50.0%		47.8%		46.4%	53.7%	50.6%		51.0%		53.2%	
Jon	McGurk						44.2%							53.4%		
Kate	Medhurst				53.7%	52.2%	50.8%									
Mairi	Milne						47.6%									
Frances	Morgan														61.6%	
Nicola	Munday					50.4%										
Julie	Page	67.2%			60.8%	67.9%	65.8%	50.4%			67.7%		58.8%	66.8%		
Colin	Putt		52.7%					47.0%								
Nikki	Putt					54.7%		48.9%								
Laurence	•															
Julian	Setterington												37.7%		57.1%	
Jennie	Smith	64.00/			66.00/		62.40/	60.40/	62.40/	F0 00/		62.20/	57.3%	57.8%	FO 00/	59.6%
Murray Jo	Turner Vella	64.9%			66.8%		63.4%	60.1%	62.4%	59.8%	55.5%	62.3%		54.9%	59.8%	
Jo Su	Williams	53.4%			51.8%		52.6%	48.4%			33.3%			54.9%		
Rachel	Wood	33.470			31.070		32.070	40.470			42.3%					
Naciiei	** JUU										42.3/0					