



# Bere Alston Trekkers

## *...do it in all weathers !!*

### BATs 5K Time Trial 26th October 2016

	<u>Name</u>	<u>Time</u>	<u>Age Grading</u>
Julie	Page	00:23:41	68%
Andy	Cowden	00:23:41	65%
Pete	Kervin	00:25:59	61%
Ralph	Elmes	00:29:17	60%
Martin	Head	00:25:20	57%
Mel	Greaves	00:27:45	57%
Jo	Vella	00:32:37	55%
Ali	Greaves	00:27:44	55%
Hilary	Head	00:32:51	54%
Natasha	Ayres	00:30:11	52%
Laura	Hogan	00:30:15	51%
Fiona	Maddock	00:32:02	51%
Sarah	Cohen	00:32:26	47%
Jo	Bourton	00:38:41	43%
Rachel	Wood	00:38:41	42%



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## BATs 5K Time Trial @ 26th Oct 2016

	<u>Name</u>	<u>26/10/2016</u>	<u>28/09/2016</u>	<u>31/08/2016</u>	<u>27/07/2016</u>	<u>29/06/2016</u>	<u>25/05/2016</u>	<u>27/04/2016</u>	<u>30/03/2016</u>	<u>24/02/2016</u>	<u>27/01/2016</u>	<u>25/11/2015</u>	<u>28/10/2015</u>
Dave	Adams				00:23:37	00:24:13	00:23:34				00:24:06		
Pam	Adams				00:27:47	00:28:16	00:29:06				00:29:49	00:29:46	
Natasha	Ayres	00:30:11	00:29:36	00:29:38	00:30:40			00:29:10		00:28:20		00:28:55	
Cally	Barnes				00:29:46		00:31:21						
Hazel	Bickley					00:29:51							
Lisa	Birch							00:26:39					
Jo	Bourton	00:38:41		00:39:24							00:40:16		
Andrew	Bowden										00:22:12	00:22:52	
Jason	Burns						00:22:38			00:23:06			
Sarah	Cohen	00:32:26	00:34:07	00:39:24									
Emma	Coole									00:27:54			
Leigh	Cossey-Hagger												00:24:07
Andy	Cowden	00:23:41								00:24:23			00:25:03
Laura	Cripps											00:29:48	
Dave	Dencer		00:22:20	00:22:59	00:23:04								
Sally	Dickson											00:30:28	00:31:32
Dan	Dooney		00:21:14					00:21:41					
Emma	Dooney		00:23:12				00:24:54						
Sally	Dunn		00:26:00					00:24:12		00:24:23	00:24:05	00:23:52	
Ralph	Elmes	00:29:17			00:29:10					00:29:12		00:29:10	
Janice	Fuller					00:30:45							
Kate	Glanville		00:31:20		00:29:57		00:30:14				00:30:54	00:30:19	
Paul	Glanville			00:25:10	00:25:01			00:26:57		00:25:13			
Ali	Greaves	00:27:44	00:26:56	00:27:50	00:27:21	00:27:30	00:26:32	00:27:30	00:27:18	00:28:32		00:28:28	00:28:00
Mel	Greaves	00:27:45	00:27:35	00:27:50	00:27:10	00:33:58		00:27:28	00:26:48			00:28:25	00:27:42
Rob	Gualtieri											00:29:22	
Hilary	Head	00:32:51					00:32:04		00:34:26	00:33:16	00:33:47		
Martin	Head	00:25:20											
Derek	Hicks			00:24:57	00:25:10		00:27:17	00:28:32		00:25:26			
Steve	Hill											00:18:32	
Laura	Hogan	00:30:15	00:28:20			00:33:58		00:27:32	00:26:52	00:27:56		00:26:14	00:27:40
Karin	Kattenhorn				00:32:08	00:33:58							
Pete	Kervin	00:25:59											00:25:58
Phil	King									00:32:01		00:26:10	
Jo	Lewandowski							00:37:58					
Marcia	Macey							00:27:27					
Alysia	Maciejowska							00:30:36					
Fiona	Maddock	00:32:02		00:31:27		00:30:07		00:31:55	00:30:30	00:34:39			
Jon	McGurk				00:27:49								
Kate	Medhurst									00:29:45			



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Frances	Morgan					00:27:55							
Cath	Mullin									00:34:36	00:36:21		
Laura	Newton				00:24:20					00:26:09			
Nathan	Newton		00:18:05							00:18:19			
Julie	Page	00:23:41		00:27:15	00:24:01			00:24:06	00:24:28			00:25:32	00:31:32
Laurence	Sargeant							00:23:40					
Julian	Settrington			00:39:24		00:26:02			00:30:30	00:27:10	00:27:36		
Jennie	Smith			00:28:56	00:28:41		00:27:28			00:31:59			
Katie	Turner							00:30:37					
Murray	Turner		00:23:07			00:24:04						00:24:37	
Sarah	Tweedle											00:34:46	
Jo	Vella	00:32:37			00:32:33							00:34:46	
Rachel	Wood	00:38:41											